

K-8



April Lunch 2017

Harmony Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

3
 Chicken Tenders
 Steamed Broccoli
 Mashed Potatoes
 Dinner Roll
 Ketchup
 Fruit variety
 Choice of milk

4
 Nachos w/
 ground Turkey
 Refried Beans
 Corn Niblets
 Fruit variety
 Choice of milk

5
 Chicken Sandwich
 Tasty Tots
 Salad Mix
 Ketchup
 Fruit variety
 Choice of milk

6
 Cheese Pizza
 Salad mix
 Baby Carrots
 Ranch Dressing
 Fruit variety
 Choice of milk

7
 Pasta & Meatballs
 Sliced Carrots
 Chocolate Chip
 Cookie
 Fruit variety
 Choice of milk

10
 Cheesy Meatball Sub
 Tasty Tots
 Corn Niblets
 Chocolate Chip
 Cookie
 Fruit variety
 Choice of milk

11
 Chicken Nuggets
 Steamed Broccoli
 Carrot Coins
 Ketchup
 Fruit variety
 Choice of milk

12
 Burger & Fries
 Salad Mix
 Ketchup
 Fruit Variety
 Choice of Milk

13
 Cheese Pizza
 Salad mix
 Sliced Carrots
 Ranch Dressing
 Fruit variety
 Choice of milk

14
**SPRING
 HOLIDAY**

17
 Turkey Dog
 Veggie Baked Beans
 Mixed Veggies
 Mustard & Ketchup
 Fruit Variety
 Choice of Milk

18
 Classy Hamburger
 French Fries
 Salad Mix
 Ketchup
 Fruit variety
 Choice of milk

19
 Chicken Fajita
 Pinto Beans
 Steamed Green
 Beans
 Cheez- Its
 Ketchup
 Fruit variety
 Choice of milk

20
 Cheese Pizza
 Salad mix
 Sliced Carrots
 Ranch Dressing
 Fruit variety
 Choice of milk

21
 Cheese Lasagna
 Steamed Broccoli
 Corn Niblets
 Fruit Variety
 Choice of milk

24
 Chicken Tenders
 Steamed Broccoli
 Mashed Potatoes
 Dinner Roll
 Ketchup
 Fruit variety
 Choice of milk

25
 Nachos w/
 ground Turkey
 Refried Beans
 Corn Niblets
 Fruit variety
 Choice of milk

26
 Chicken Sandwich
 Tasty Tots
 Salad Mix
 Ketchup
 Fruit variety
 Choice of milk

27
 Cheese Pizza
 Salad mix
 Baby Carrots
 Ranch Dressing
 Fruit variety
 Choice of milk

28
 Pasta & Meatballs
 Sliced Carrots
 Chocolate Chip
 Cookie
 Fruit variety
 Choice of milk



Northwest Catering

Taking Nutrition to A Tasty Level!

Make sure to take your milk, the choice is yours 1 % White or Fat Free Chocolate

****Menu is Subject to change****

****This Institution is an equal opportunity provider****





April Breakfast 2017 Harmony Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cinnamon Toasters Cereal Fruit Variety Choice of Milk	4 Breakfast Bun Fruit Variety Choice of Milk	5 Banana Muffin Fruit Variety Choice of Milk	6 Cocoa Puff Cereal Chocolate Chip Oatmeal Bar Fruit Variety Choice of Milk	7 Grahams Cracker String Cheese Fruit Variety Choice of Milk
10 Cinnamon Raisin Bagel & Cream Cheese Fruit Variety Choice of Milk	11 Breakfast Donut Fruit Variety Choice of Milk	12 Frosted Corn Flakes Fruit Variety Choice of Milk	13 Double Chocolate Oatmeal Bar Assorted Cereal Fruit Variety Choice of Milk	14 SPRING HOLIDAY
17 Cinnamon Toasters Cereal Fruit Variety Choice of Milk	18 Breakfast Bun Fruit Variety Choice of Milk	19 Banana Muffin Fruit Variety Choice of Milk	20 Cocoa Puff Cereal Chocolate Chip Oatmeal Bar Fruit Variety Choice of Milk	21 Grahams Cracker String Cheese Fruit Variety Choice of Milk
24 Cinnamon Raisin Bagel & Cream Cheese Fruit Variety Choice of Milk	25 Breakfast Donut Fruit Variety Choice of Milk	26 Frosted Corn Flakes Fruit Variety Choice of Milk	27 Double Chocolate Oatmeal Bar Assorted Cereal Fruit Variety Choice of Milk	28 Grahams Cracker Yogurt Cup Fruit Variety Choice of Milk



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